

Registration

Go online: www.nebraskasynod.org

Look for Synod Events.

Info needed for each person:

- Name
- Congregation
- Congregation city
- Special needs (dietary or other)

Registration Fees:

\$35 fee

Registration will close on February 23rd

All registrations are online using a credit card. If you need help in registering online, please contact the Synod Office for assistance at 402-896-5311.



Nebraska Synod ELCA
6757 Newport Ave. Suite 200
Omaha, NE 68152



Preparing the Way!



8th Annual
Spiritual Guided Retreat
Saturday, March 10, 2018

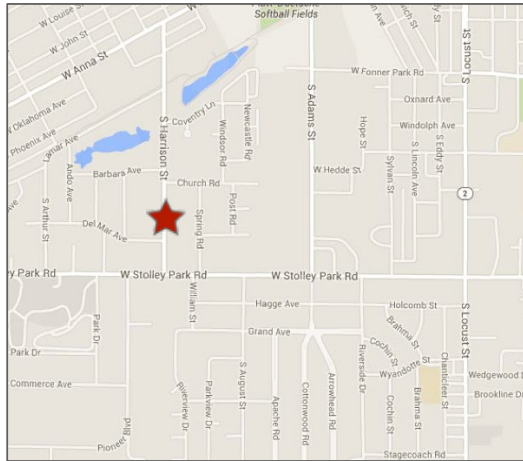
Hosted by Seeking the Spirit Within,
The Nebraska Synod Institute for
Spiritual Direction

www.seekingthespiritwithin.org

For:
Individuals
Congregational teams
Councils
Call Committees

Preparing the Way!

Location of Retreat



St. Pauls Lutheran Church

1515 S.Harrison

Grand Island, NE

www.stpaulsgi.com/directions



Spiritual Direction

Time will also be available for participants to receive one-on-one spiritual direction from a certified spiritual director, at no additional cost. Spiritual directors are trained to help you notice how God is moving in your life and to encourage you to grow closer to God. If this interests you, please indicate that you'd like to meet with a director when registering for this retreat.

All Are Welcome

Seeking the Spirit Within invites you to join us in a day of guided retreat for those seeking a day of spiritual enrichment.

This retreat is designed to offer opportunities for you:

- to give you a day for spiritual refreshment and renewal
- to experience ways to deepen and strengthen your personal prayer life
- to explore how we can engage with others in prayerful ways

Schedule For Retreat

8:30 a.m. Check in and have a cup of coffee and a pastry

9:00 a.m. Keynote address on "Prepare the Way!" by Bishop Brian Maas

10:00 a.m. Choose one of the three options for a 2-hour session

Lunch

Afternoon

- A variety of small group session topics
- Individual meeting with a spiritual director for those who select this option
- Time for congregational councils and teams to meet
- Closing worship

3:30 p.m. Departure

Retreat Morning Sessions

Choose one of the following topics for a 2-hour session:

- *Including God in Your Congregational Conversations* – Discussion of how one congregation discerned their participation in the Tri-Faith Initiative and the importance of spiritual practices in your congregations
- *Sharing Stories of Faith* – Exploration of the importance of sharing stories in our personal lives and in the communal life of the church
- *Sabbath Living: Finding Freedom in God's Rhythm of Rest* – Discover this amazing gift of God that is too often left unopened

Retreat Small Group Sessions

There will be four options for small group sessions, and participants will be able to choose to attend two different sessions. The topics are:

- Praying in Color
- Praying the Labyrinth
- The Welcoming Prayer
- Daily Examen